

# HC BASEBALL SUMMER MINI CAMP



### JULY 22ND - 24TH

AGES: 7-14

#### LOCATION: HUNTERDON CENTRAL BASEBALL FIELDS

TIME: 8:30 AM - 1:00PM

The Hunterdon County Summer Baseball Camp will be held at Hunterdon Central Regional High School starting July 22nd through July 24th. At the Hunterdon County Summer Baseball camp our youth players from around the community will have the opportunity to develop their game at a high level while being exposed to many concepts of the game. The camp will cover basic skills and fundamentals that will allow players to develop position by position along with an introduction to strategic game play and situational baseball.

## Camp Concepts

- Throwing & Catching Fundamentals
- Individual/Positional Defense Fundamentals
- Pitching Fundamentals & Skills
- Base Running Fundamentals & Skills
- Team Defense & Situational Game Play
- Offensive/Hitting Fundamentals
- Game Play & Camp Competitions

## Have Questions?

Contact Coach Cuozzi via email:

## Coaches/Staff

Kevin Cuozzi Hunterdon Central Varsity Head Coach/Camp Director

HC Assistant Coaches

Various HC Baseball Players/Guest Alumni

All coaches and staff are First Aid/CPR/AED trained & certified

### Kcuoz10@gmail.com

### **Registration**

The online registration page is linked to the QR code below. (Please contact with link issues)



## Pricing & Payment

\*\*Sponsored by the HC Baseball Booster Club/Fundraising Event\*\* **\$180 - Early Registration due By June 15th** 

\$195 - Late Registration June 16th - July 13th

• If registering after July 13th, please contact Kevin to ensure a spot is available.

Payments made via Zelle can be made using the QR code in your banking app.



\*\*\* If you prefer to pay by check please contact for mailing address \*\*\*

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### **ADDITIIONAL INFO**

### **EXAMPLE CAMP SCHEDULE**

<u>8:30am – 9am</u> Drop off & Attendance

<u>9am – 9:15am</u> Dynamic Warm Up -Calisthenics -Active Stretching

<u>9:30am – 10am</u> Base Running Fundamentals -Situational Base Running -Leading -Stealing

#### <u> 10am – 11:30am</u>

Throwing/Catching Fundamentals & Warm Up -Throwing/Catching Mechanics -Progressive Throwing Warm Up

Positional Defense Instructions & Fundamentals -INF/OF Defense Instruction -Catcher Defense Fundamentals -Pitcher Fielding Practice (PFP)

> Situational Defense -Cut Offs -Bunt Coverage -1st & 3rd Defense

<u>11:30am – 12:00pm</u> \*\*\*Lunch – Must Pack Own Lunch\*\*\*

#### <u>12:00pm – 1:00pm</u>

Hitting Fundamentals -On Field Hitting -Batting Cage Hitting & Drills -Tee and Soft Toss Drills

Game Play -Modified Game Play and Situations -Live Play (Coach Pitch)

> <u>1:00 - 1:15pm</u> Pick Up

## Items Campers Must Bring ...

-A packed lunch

-Additional snack if needed

-Additional water bottle or Gatorade/sports drink

\*\*\*There will be several water coolers at camp stations\*\*\*

-Hat/Sun Screen

-Personal Baseball Equipment

-Sneakers & Cleats

-Inhaler/EpiPen/Any other personal medical devices (if applicable)